

# Our Lady of Perpetual Help

## Devotions



*The priest introduces the devotions saying:*

**Mother of Perpetual Help,  
we gather here to present our parish family's spiritual and  
temporal needs,  
and to pray for our own personal needs  
and those of one another.**

## **PRAYER IN SPIRITUAL WANTS**

*All together recite the following prayer:*

**O** Mother of Perpetual Help,  
with greatest confidence,  
we come before your sacred picture,  
in order to invoke your aid.  
You have seen the wounds  
which Jesus has been pleased to receive for our sake;  
you have seen the blood of your Son flowing for our salvation;  
you know how your Son desires  
to apply to us the fruits of His redemption.  
Behold, we cast ourselves at your feet,  
and pray that you will obtain for our souls  
the graces we stand so much in need of.

O Mary, most loving of all mothers,  
obtain for us these graces from the Heart of Jesus,  
the source of every good.

O Mother of Perpetual Help,  
you desire our salvation more than ourselves;  
your Son has given you to us as our Mother,  
you have yourself chosen to be called Mother of Perpetual Help.  
We trust not in our own merits,  
but in your powerful intercession;  
we trust in your goodness; we trust in your motherly love.  
Mother of Perpetual Help,  
for the love you have for Jesus,  
your Son and our redeemer,  
for the love of your servant St. Alphonsus;  
for the love of our souls; obtain for us the graces we ask of you.  
**Amen.**

*The priest alone says:*

**O** Mother of Perpetual Help,  
we implore your mercy.  
We bless you as the assured help of the miserable;  
we feel the benefit of your Motherly protection.  
With confidence, we place ourselves before you.  
See, dear mother, the many evils to which we are exposed;  
see how numerous are our wants.  
Trials and sorrows often depress us,  
reverses of fortune and privations  
often brings grief into our lives;

everywhere we meet the cross.  
Have pity, compassionate Mother,  
on us and our loved ones,  
especially in this, our hour of need.  
Help us dear Mother, in our distress.  
Deliver us from all our ills,  
or, if it be the will of God that we should suffer still longer,  
grant that we may endure all with love and patience.  
These graces we ask in confidence  
because you are our Perpetual Help. Amen

## LITANY OF THE BLESSED VIRGIN MARY

**V.** Lord, have mercy on us. **R.** *Christ, have mercy on us.*  
**V.** Lord, have mercy on us. **Christ hear us.** **R.** *Christ, graciously  
hear us.*

**God the Father of heaven,** *Have mercy on us.*

**God the Son, Redeemer of the world,** *Have mercy on us.*

**God the Holy Spirit,** *Have mercy on us.*

**Holy Trinity, one God,** *Have mercy on us.*

**Holy Mary,** *Pray for us. (repeat after each line)*

**Holy Mother of God,**

**Holy Virgin of virgins,**

**Mother of Christ,**

**Mother of the Church,**

**Mother of mercy, Pray for us. (repeat after each line)**

**Mother of divine grace,**

**Mother of hope,**

**Mother most pure,**

**Mother most chaste,**

**Mother inviolate,**

**Mother undefiled,**

**Mother most amiable,**

**Mother most admirable,**

**Mother of good counsel,**

**Mother of our Creator,**

**Mother of our Savior,**

**Virgin most prudent, Pray for us. (repeat after each line)**

**Virgin most venerable,**

**Virgin most renowned,**

**Virgin most powerful,**

**Virgin most merciful,**

**Virgin most faithful,**

**Mirror of justice, Pray for us. (repeat after each line)**

**Seat of wisdom,**

**Cause of our joy,**

**Spiritual vessel,**

**Vessel of honor,**

**Singular vessel of devotion, Pray for us. (repeat after each line)**

**Mystical rose,**

**Tower of David,**

**Tower of ivory,**

**House of gold,**

**Ark of the covenant,**

**Gate of heaven,**

**Morning star,**

**Health of the sick,**

**Refuge of sinners,**

**Comfort of Migrants,**

**Comforter of the afflicted,**

**Help of Christians,**

**Queen of Angels, Pray for us. (repeat after each line)**

**Queen of Patriarchs,**

**Queen of Prophets,**

**Queen of Apostles,**

**Queen of Martyrs,**

**Queen of Confessors,**

**Queen of Virgins,**

**Queen of all Saints,**

**Queen conceived without original sin,**

**Queen assumed into heaven,**

**Queen of the most holy Rosary,**

**Queen of Families,  
Queen of Peace,**

**Lamb of God, you take away the sins of the world, *Spare us, O Lord.***

**Lamb of God, you take away the sins of the world, *Graciously hear us, O Lord.***

**Lamb of God, you take away the sins of the world, *Have mercy on us.***

**Pray for us, O holy Mother of God, *That we may be made worthy of the promises of Christ.***

**Let us pray.**

**G**rant, we beseech thee, O Lord,  
that we your servants may enjoy  
perpetual health of mind and body,  
and by the glorious intercession of the Blessed Virgin Mary,  
be delivered from present sorrow  
and enjoy everlasting happiness.  
We ask this through Christ our Lord. Amen