



Archdiocese
of Toronto

EUCCHARISTIC TRIDUUM

IN PREPARATION
FOR THE FAITHFUL OF
THE ARCHDIOCESE OF
TORONTO FOR THE
SOLEMNITY OF THE MOST
HOLY BODY AND BLOOD
OF CHRIST

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

✠. Come, let us adore Christ the Lord.

✠. The bread of life.

OPENING PRAYER

Let us pray.

Lord Jesus Christ,
you gave us the Eucharist
as the memorial of your suffering and death.
May our worship of this sacrament of your Body and Blood
help us to experience the salvation you won for us
and the peace of the kingdom
where you live and reign with the Father and the Holy Spirit,
God, for ever and ever. Amen.

LITANY OF THE MOST BLESSED SACRAMENT

Lord, have mercy,
Christ, have mercy,
Lord, have mercy,

*Lord, have mercy.
Christ, have mercy.
Lord, have mercy.*

God the Father of Heaven,
God the Son, Redeemer of the world,
God, the Holy Spirit,
Holy Trinity, One God,

*have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.*

Living Bread, who from heaven descended,
Hidden God and Savior,
Grain of the elect,
Holy Sacrifice,
Living Sacrifice,
Sacrifice pleasing to God,

*have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.*

Food of angels,
Hidden manna,

*have mercy on us.
have mercy on us.*

Spotless oblation,
Perpetual sacrifice,
Lamb without spot,
Purest Feast,

*have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.*

Our food and guest,
Cup of blessing,
Offeror and offering,
Mystery of faith,
Sacrament of holiness,
Bond of love,
Memory of God's wonders,
Supersubstantial Bread,
Bloodless sacrifice,
Most Holy and most august Mystery,
Divine medicine of immortality,
Most powerful aid of grace,

*have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.*

Most high and venerable Sacrament,
Most holy of all sacrifices,
Word made flesh, living in us,
Heavenly antidote, by which we are preserved
from sin,
Most holy Commemoration of the Passion of
Our Lord,
Most stupendous of all miracles,

*have mercy on us.
have mercy on us.
have mercy on us.

have mercy on us.

have mercy on us.
have mercy on us.*

Gift transcending all abundance,
Most high memorial of divine love,
Infinite Divine Treasure of God,
Awesome and life-giving Sacrament,
Refreshment of holy souls,
Sweetest banquet at which the Angels serve,

*have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.*

True propitiatory Sacrifice for the living
and the dead,
Viaticum of those dying in the Lord,
Pledge of future glory,

*have mercy on us.
have mercy on us.
have mercy on us.*

Be merciful,
From the unworthy reception of
Your Body and Blood,
From the concupiscence of the flesh,
From the concupiscence of the eyes,

*deliver us, O Lord.

deliver us, O Lord.
deliver us, O Lord.
deliver us, O Lord.*

From pride,
From every occasion of sin,

*deliver us, O Lord.
deliver us, O Lord.*

Through that desire, with which You desired to eat
the Passover with Your disciples,
Through that profound humility with which You
washed Your disciples' feet,
Through that most ardent love, with which You
instituted this Divine Sacrament,
Through Your most precious Blood, which You have
left for us upon the altar,
Through those five wounds of Your most holy Body,
which You have given up for us,

deliver us, O Lord.

deliver us, O Lord.

deliver us, O Lord.

deliver us, O Lord.

deliver us, O Lord.

We Sinners,
That You would deem worthy to preserve and
increase the faith, reverence, and devotion in us
towards this admirable Sacrament,
That You would deem worthy to lead us through the
true confession of our sins to a frequent reception of
the Eucharist,
That You would deem worthy to free us
from every heresy, falsehood,
and blindness of the heart,
That You would deem worthy to
impart to us the heavenly and precious
fruits of this most Holy Sacrament,
That You would deem worthy to
protect and strengthen us in our hour of
death with this heavenly viaticum,
Jesus Son of God,

we beseech You, hear us.

we beseech You, hear us.

we beseech You, hear us.

we beseech You, hear us.

we beseech You, hear us.

we beseech You, hear us.

we beseech You, hear us.

Christ, hear us,
Christ, graciously hear us,
Lamb of God, who take away the
sins of the world,
Lamb of God, who take away the
sins of the world,
Lamb of God, who take away the
sins of the world,

Christ, hear us.

Christ, graciously hear us.

spare us, O Lord.

graciously hear us, O Lord.

have mercy on us, O Lord.

Let us pray.

O God, who under a marvelous Sacrament
has left us a memorial of Your Passion,
grant us, so to venerate the sacred mysteries of Your Body and Blood,
that we may ever perceive within us the fruit of Your redemption,
Who lives and reigns forever and ever. Amen.

ANIMA CHRISTI

Soul of Christ, sanctify me.
Body of Christ, heal me.
Blood of Christ, drench me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
Good Jesus, hear me.
In your wounds shelter me.
From turning away keep me.
From the evil one protect me.
At the hour of my death call me.
Into your presence lead me,
to praise you with all your saints
for ever and ever. Amen.

CLOSING PRAYER

Grant, almighty God,
that, just as we are renewed
by the Supper of your Son in this present age,
so we may enjoy his banquet for all eternity.
Who lives and reigns for ever and ever. Amen.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.



In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

✠ You have given them Bread from Heaven.

✠ Having all sweetness within it.

OPENING PRAYER

Remember your mercies, O Lord,
and with your eternal protection sanctify your servants,
for whom Christ your Son,
by the shedding of his Blood,
established the Paschal Mystery.
Who lives and reigns for ever and ever. Amen.

LITANY OF THE MOST PRECIOUS BLOOD OF JESUS

Lord, have mercy,
Christ, have mercy,
Lord, have mercy,
Christ, hear us,
Christ, graciously hear us,

*Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Christ, hear us.
Christ, graciously hear us.*

God our Father in heaven,
God the Son, Redeemer of the world,
God the Holy Spirit,
Holy Trinity, one God,

*have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.*

Blood of Christ, only Son of the Father,
Blood of Christ, incarnate Word,
Blood of Christ, of the new and eternal covenant,
Blood of Christ, that spilled to the ground,
Blood of Christ, that flowed at the scourging,
Blood of Christ, dripping from the thorns,
Blood of Christ, shed on the cross,
Blood of Christ, the price of our redemption,
Blood of Christ, our only claim to pardon,
Blood of Christ, our blessing cup,
Blood of Christ, in which we are washed,
Blood of Christ, torrent of mercy,
Blood of Christ, that overcomes evil,

*save us.
save us.
save us.
save us.
save us.
save us.
save us.
save us.
save us.
save us.
save us.
save us.
save us.*

Blood of Christ, strength of the martyrs, *save us.*
Blood of Christ, endurance of the saints, *save us.*
Blood of Christ, that makes the barren fruitful, *save us.*
Blood of Christ, protection of the threatened, *save us.*
Blood of Christ, comfort of the weary, *save us.*
Blood of Christ, solace of the mourner, *save us.*
Blood of Christ, hope of the repentant, *save us.*
Blood of Christ, consolation of the dying, *save us.*
Blood of Christ, our peace and refreshment, *save us.*
Blood of Christ, our pledge of life, *save us.*
Blood of Christ, by which we pass to glory, *save us.*
Blood of Christ, most worthy of honor, *save us.*

Lamb of God, you take away the sins of the world, *Spare us, O Lord.*
Lamb of God, you take away the sins of the world, *Graciously hear us, O Lord.*

Lamb of God, you take away the sins of the world, *Have mercy on us.*
You have redeemed us, O Lord, in your Blood. *And made for us, Our God, kingdom.*

Let us pray:

Almighty and eternal God,
you have appointed your Only Begotten Son the Redeemer of the world,
and willed to be appeased by his Blood.
Grant, we beg of you, that we may worthily adore this price of our salvation,
and through its power be safeguarded from the evils of the present life,
so that we may rejoice in its fruits forever in heaven.
Through the same Christ our Lord. Amen.

ANIMA CHRISTI

Body of Christ, heal me.
Blood of Christ, drench me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
Good Jesus, hear me.
Soul of Christ, sanctify me.
In your wounds shelter me.
From turning away keep me.
From the evil one protect me.
At the hour of my death call me.
Into your presence lead me,
to praise you with all your saints
for ever and ever. Amen.

CLOSING PRAYER

O God, who by the Precious Blood of your
Only Begotten Son
have redeemed the whole world,
preserve in us the work of your mercy,
so that, ever honouring the mystery of our salvation,
we may merit to obtain its fruits.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever. Amen.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.



In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

✠. You gave them bread from heaven to be their food,

✠. And this bread contained all goodness.

OPENING PRAYER

Lord Jesus Christ,
we worship you living among us
in the sacrament of your body and blood.
May we offer to our Father in heaven
a solemn pledge of undivided love.
May we offer to our brothers and sisters
a life poured out in loving service of that kingdom
where you live with the Father and the Holy Spirit,
God for ever and ever. Amen.

LITANY OF THE HOLY EUCHARIST

Lord, have mercy,
Christ, have mercy,
Lord, have mercy,

Jesus, the Most High,
Jesus, the holy One,
Jesus, Word of God,
Jesus, only Son of the Father,
Jesus, Son of Mary,
Jesus, crucified for us,
Jesus, risen from the dead,
Jesus, reigning in glory,
Jesus, coming in glory,

Jesus, our Lord,
Jesus, our hope,
Jesus, our peace,
Jesus, our Savior,
Jesus, our salvation,
Jesus, our resurrection,
Jesus, Judge of all,
Jesus, Lord of the Church,

*Lord, have mercy.
Christ, have mercy.
Lord, have mercy.*

*have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.*

*have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.*

Jesus, Lord of creation,
Jesus, Lover of all,
Jesus, life of the world,
Jesus, freedom for the imprisoned,
Jesus, joy of the sorrowing,
Jesus, giver of the Spirit,
Jesus, giver of good gifts,
Jesus, source of new life,
Jesus, Lord of life,
Jesus, eternal high priest,
Jesus, priest and victim,
Jesus, true Shepherd,
Jesus, true light,

have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.

Jesus, bread of heaven,
Jesus, bread of life,
Jesus, bread of thanksgiving,
Jesus, life-giving bread,
Jesus, holy manna,

have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.

Jesus, new covenant,
Jesus, food for everlasting life,
Jesus, food for our journey,
Jesus, holy banquet,
Jesus, true sacrifice,
Jesus, perfect sacrifice,
Jesus, eternal sacrifice,
Jesus, divine Victim,
Jesus, Mediator of the new covenant,
Jesus, mystery of the altar,
Jesus, mystery of faith,
Jesus, medicine of immortality,
Jesus, pledge of eternal glory,

have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.

Jesus, Lamb of God, you take away
the sins of the world:
Jesus, Bearer of our sins, you take
away the sins of the world:
Jesus, Redeemer of the world, you
take away the sins of the world:

have mercy on us.
have mercy on us.
have mercy on us.

Christ, hear us,
Christ, graciously hear us,
Lord Jesus, hear our prayer,

*Christ, hear us.
Christ, graciously hear us
Lord Jesus, hear our prayer.*

ANIMA CHRISTI

Soul of Christ, sanctify me.
Body of Christ, heal me.
Blood of Christ, drench me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
Good Jesus, hear me.
In your wounds shelter me.
From turning away keep me.
From the evil one protect me.
At the hour of my death call me.
Into your presence lead me,
to praise you with all your saints
for ever and ever. Amen.

CLOSING PRAYER

O God, who have accomplished the work
of human redemption
through the Paschal Mystery of your Only Begotten Son,
graciously grant that we, who confidently proclaim,
under sacramental signs, the Death and Resurrection of Christ,
may experience continued increase of your saving grace.

Through our Lord Jesus Christ, Your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever. Amen.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

ACKNOWLEDGEMENTS

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“Litany of the Most Blessed Sacrament.” Decree Prot. N. 1050/11/L. Congregation for Divine Worship and the Discipline of the Sacraments. May 30, 2013. Translation by Archdiocese of Toronto.

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Excerpt from the homily of Francis. *Mass, Procession to Saint Mary Major and Eucharistic Blessing on the Solemnity of the Most Holy Body and Blood of Christ*. Sunday, May 26, 2016. © Libreria Editrice Vaticana, 2016.